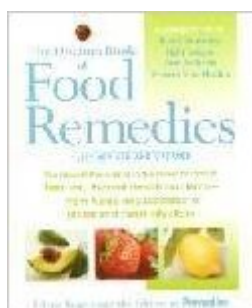


The book was found

# The Doctors Book Of Food Remedies: The Newest Discoveries In The Power Of Food To Treat And Prevent Health Problems-From Aging And Diabetes To Ulcers



## Synopsis

Eating right to prevent diseases.

## Book Information

Hardcover: 707 pages

Publisher: Rodale Press (January 2007)

Language: English

ISBN-10: 1594867534

ASIN: B001CJVYE4

Package Dimensions: 8.8 x 7.8 x 1.8 inches

Shipping Weight: 2.8 pounds

Average Customer Review: 3.9 out of 5 stars 38 customer reviews

Best Sellers Rank: #1,493,855 in Books (See Top 100 in Books) #44 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis](#) #536 in [Books > Medical Books > Allied Health Professions > Diet Therapy](#) #3996 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#)

## Customer Reviews

Eating right to prevent diseases.

The book has a lot of useful information. I used to harvest herbs, and medicinal roots, and study their uses. My wife was a professional cook, and dietitian. With the knowledge we both possess and what we have learned from this book it has helped to put some of pieces together. have not read all of it yet. But would still recommend it to anyone interested in healthier living, and alternative means to a better life. Always keep you physician in the loop as to what you are doing. If you and your doctor see the results together. You may both get an education. You can also stay on top of reactions, both good and bad. Everyone reacts differently to different things. Give this book a try. Worth every penny.

This book contains information on how to treat and prevent many common illnesses using foods that are very common to using foods I did not even know existed. I have used this book along with the natural healing guides I pick up at my local health food store to boost my families immune systems and alter my families diets and I have been quite pleased with the results. This last winter myself and my family avoided stomach bugs, flu (even H1N1 without vaccines) and the duration of

colds were significantly less compared to a week or months. Please be advised that this book does not take the place of medical attention if it is needed, but it is a great book to reference if you need tips on how to treat and ease the discomfort of common illnesses or you are looking to alter your entire lifestyle. The layout of the book is awesome. I found it to be very informative, quick to reference, and easy to read and understand. Overall, this book is just a great read and definitely one to add to your home library no matter what your intentions are.

Could have explained more

Doctor's Book of Food Remedies this is a very educational book about what could help you with certain problems we have during a life time i will always keep this book close at hand for any problems or diseases i might get or my family to see what we can eat to get rid or help the problems instead of getting another pill to cure i am very pleased with this book it was used but in great condition

Love it!

I purchased this book in hopes of obtaining good information regarding menopause. I was sorely disappointed. This book lacked any good information.

I haven't read the whole book yet, but the parts that I checked out were disappointing. There is nothing in this book that's not well known, or easily found on the internet sites for home remedies. I expected more specific, measurable, and new information, no such luck. It's good reading if you don't like internet searching.

Didn't watch this one.

[Download to continue reading...](#)

The Doctors Book of Food Remedies: The Newest Discoveries in the Power of Food to Treat and Prevent Health Problems-From Aging and Diabetes to Ulcers The Doctors Book of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar: How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural Remedies - Natural Diabetes Remedies) Reverse Diabetes: Stop Diabetes Without Drugs

(Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES,diabetic cookbook,type 2 diabetes) Type 2 Diabetes:The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure,Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2 Diabetes, Diabetes Destroyer,) Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet, Beauty Products) HEAL YOUR ULCERS: Gastric Ulcers, Stress Ulcer, Ulcer Pain, Ulcers Relief, Food for Ulcers (Including Ulcerative Colitis) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Cure diabetes : Diabetic No More: Normalize Blood Sugar, Reverse Diabetes, and Say Goodbye to Drugs and Testing Forever (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes, Diabetic Health) Reverse Diabetes: The Natural Way - How To Be Diabetes-Free In 21 Days: 7-Step Success System (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes, Diabetic Health) Home Remedies for Ulcers (ulcer, stomach ulcer, peptic ulcer, ulcer symptoms, stomach ulcer symptoms, ulcer treatment, mouth ulcer, mouth ulcers, cold sore, cold sore remedies, cold sores) American Diabetes Association Complete Guide to Diabetes: The Ultimate Home Reference from the Diabetes Experts (American Diabetes Association Complete Guide to Diabetes) Diabetes: Reverse Diabetes Naturally & Safely: The Simple & Effective Changes You Can Make In Order To Reduce Blood Sugar Levels & Cure Diabetes ... End Diabetes, Type 1 Diabetes, Insulin)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)